

# what certification can i get with a bachelor's in psychology

what certification can i get with a bachelor's in psychology is a common question for individuals looking to expand their career options after completing their undergraduate degree. A Bachelor's in Psychology opens a variety of doors, not only in the psychological field but also in various allied disciplines. This article will explore the range of certifications available to those holding a Bachelor's in Psychology, detailing how these certifications can enhance career prospects and provide specialized skills. We will also look at the process of obtaining these certifications, the types of roles they can lead to, and the benefits they offer. Whether you're interested in counseling, human resources, or social services, understanding your certification options can significantly impact your career trajectory.

- Understanding Certification Options
- Popular Certifications for Psychology Graduates
- Benefits of Obtaining Certifications
- How to Pursue Certifications
- Career Paths with a Bachelor's in Psychology and Certifications

## Understanding Certification Options

When we talk about certifications, we refer to credentials that validate an individual's expertise and

knowledge in a specific area. For psychology graduates, certifications can enhance professional credibility and demonstrate a commitment to the field. Certifications often require passing an examination and fulfilling continuing education requirements, thus ensuring that professionals stay updated with the latest practices and theories.

It's essential to recognize that not all certifications are created equal. Some are highly regarded in the industry, while others may be less recognized. Therefore, it's crucial to do thorough research before committing to a certification program. Many certifications also have prerequisites, such as work experience or additional coursework, which can influence which path to pursue.

## **Types of Certifications**

The types of certifications available can vary widely, depending on your career goals. Here are some categories of certifications that psychology graduates might consider:

- Clinical and Counseling Certifications
- Human Resources Certifications
- Substance Abuse and Addiction Certifications
- Behavior Analysis Certifications
- Educational and School Psychology Certifications

# Popular Certifications for Psychology Graduates

For those with a Bachelor's in Psychology, several certifications can enhance career options significantly. Let's delve into some of the most popular certifications that align with a psychology background.

## 1. Certified Alcohol and Drug Counselor (CADC)

The Certified Alcohol and Drug Counselor certification is ideal for individuals looking to work in substance abuse treatment. This certification demonstrates expertise in assessing and treating substance use disorders. Applicants typically need a certain number of supervised hours in the field and must pass an exam. This certification is essential for careers in rehabilitation centers, outpatient clinics, and community organizations.

## 2. Certified Clinical Mental Health Counselor (CCMHC)

The CCMHC certification is designed for professionals who want to work in mental health settings. This certification requires passing a national exam and meeting specific educational and supervised experience criteria. It allows individuals to demonstrate their ability to provide mental health counseling in various settings, including private practice, hospitals, and community agencies.

## 3. Human Resources Certification

Psychology graduates often pursue certifications in human resources to enter the corporate world. Certifications like the Professional in Human Resources (PHR) or the Society for Human Resource Management (SHRM-CP) can help psychology graduates leverage their understanding of human

behavior in organizational settings. These certifications require passing an exam, and they focus on various HR competencies, including recruitment, employee relations, and compliance.

## **4. Board Certified Behavior Analyst (BCBA)**

For those interested in working with individuals with behavioral challenges, the BCBA certification is highly regarded. This certification requires completing a master's degree in behavior analysis or a related field, completing supervised experience, and passing a comprehensive exam. BCBAs work with individuals with autism and other developmental disorders, creating and implementing behavior intervention plans.

## **5. National Certified Counselor (NCC)**

The NCC certification is offered by the National Board for Certified Counselors and is suitable for graduates who wish to work in various counseling roles. This certification requires a master's degree, supervised experience, and passing a national examination. NCCs are often employed in schools, private practice, and mental health clinics.

## **Benefits of Obtaining Certifications**

Obtaining a certification can provide several advantages, both personally and professionally. Here are some of the key benefits:

- **Enhanced Job Opportunities:** Certifications can make candidates more attractive to employers, opening up job opportunities that may have otherwise been unavailable.

- **Increased Earning Potential:** Certified professionals often command higher salaries compared to their non-certified peers.
- **Professional Development:** Pursuing a certification typically involves continuing education, which keeps professionals updated on the latest trends and practices in their field.
- **Networking Opportunities:** Many certification programs offer connections to professional organizations, providing networking opportunities with other professionals.
- **Credibility:** Certifications can enhance an individual's credibility and demonstrate a commitment to the profession, which can help in building trust with clients and employers.

## How to Pursue Certifications

Pursuing a certification typically follows several steps. Here's a general guide on how to obtain a certification after earning a Bachelor's in Psychology:

### 1. Research Certification Options

Start by researching various certifications that align with your career goals. Consider factors such as prerequisites, costs, and the time required to complete the certification process.

### 2. Ensure You Meet Prerequisites

Many certifications have specific prerequisites, including education, work experience, and supervised

hours. Make sure you meet these requirements before applying.

### **3. Prepare for and Pass the Exam**

Most certifications require passing a comprehensive exam. Invest time in studying for the test, utilizing available resources such as practice exams, study groups, and review courses.

### **4. Complete Continuing Education Requirements**

After obtaining your certification, be aware that many require ongoing education to maintain the credential. Stay informed about the requirements to ensure you remain certified.

## **Career Paths with a Bachelor's in Psychology and Certifications**